



PATIENT INSTRUCTIONS HYPERBARIC CHAMBER

ARRIVAL TIME

Usually patients are treated once daily, five days a week, for about 2 hours. Please plan to arrive one hour earlier than your treatment time to allow for a general orientation. A new patient packet will be given out during orientation and there will be time for your questions as well. Plan to arrive about 15 minutes earlier than your scheduled appointment for all subsequent treatments. This will allow time to change, use the restroom etc. prior to the treatment.

FOOD

No food, candy or chewing gum is allowed in the chamber so please plan your meals accordingly. We do allow water or juice inside during treatments. Complimentary bottled water or juice is provided.

VISITORS

Patients may bring a spouse, friend, or visitor for orientation if they choose, however no visitors are allowed during treatments due to privacy and safety concerns. Visitors may wait in our lobby and the Hospital cafeteria is available just a short distance away.

WHAT TO BRING

Cotton surgical scrubs are provided to change into for treatment. Underwear and socks must be 100% cotton. You may bring a DVD movie to watch and we have a limited selection at The Center. Lockers are available for use during treatment.

WHAT NOT TO BRING

Due to the pressurized oxygen environment no electronic devices of any kind are permitted in the chamber. There is an entertainment system to help pass the time and patients may watch cable TV, movies or listen to music. Hand warmers including chemical warmers and lighters are also not permitted. Make-up, perfume, cologne, and deodorant should not be worn and must be removed prior to treatment.

TOBACCO USE

It is well known that nicotine constricts the blood flow and this has a negative effect with wound healing. Patients are urged to quit and certainly during the weeks of hyperbaric treatment. At minimum patients are asked not to smoke two hours before and two hours after treatment.